



SHAHEED NIRMAL MAHTO MEDICAL COLLEGE, DHANBAD
MASTER TIME-TABLE FOR PHASE-I MBBS BATCH 2025-26 w.e.f. 13th Oct. 2025

<div>Time</div> <div>Days</div>	09 AM-10 AM	10 AM-11 AM	11 AM-12 PM	11 AM-01 PM	01 PM-02 PM	02 PM-03 PM	03 PM -04 PM	04 PM-05 PM
MONDAY	Biochemistry LGT	Physiology LGT	Anatomy Dissection/Practical/SGT/DOAP			Biochemistry Practical/SGT/DOAP		Biochemistry LGT
TUESDAY	Physiology LGT	Anatomy LGT	Anatomy Dissection/Practical/SGT/DOAP			Physiology Practical/SGT/DOAP		Physiology LGT
WEDNESDAY	Biochemistry LGT	Anatomy LGT	Biochemistry Practical/SGT/DOAP			Physiology Practical/SGT/DOAP		Physiology SGT
THURSDAY	Anatomy LGT	Anatomy LGT	Physiology Practical/SGT/DOAP			Anatomy Dissection/Practical/SGT/DOAP		Anatomy SGT
FRIDAY	Community Medicine LGT/SGT	Anatomy LGT	Physiology Practical/SGT/DOAP			Anatomy Histology/Practical/SGT/DOAP		Anatomy SGT
SATURDAY		AETCOM Anatomy: 18-10-25 to 01-11-25 Physiology: 22-11-25 to 06-12-25 Biochemistry: 20-12-25 to 03-01-26 SDL Anatomy: 17-01-26 to 31-01-26 Physiology: 07-02-26 to 28-02-26 Biochemistry: 07-03-26 to 04-04-26 ECE Anatomy: 18-04-26 to 02-05-26 Physiology: 16-05-26 to 30-05-26 Biochemistry: 06-06-26 to 27-06-26 Biochemistry SGT/LGT 04-07-26 & 18-07-26			LUNCH BREAK	Anatomy Histology/Practical/SGT/DOAP	Anatomy SGT	
		Physiology LGT						
		ECA/SPORTS	FAP (Community Medicine)					
	2 nd wk of every month till 11-07-26							

As per NMC Notification No. D-11011/500/2024-Academic Cell dated 12/09/2024, Foundation Course (2 weeks/ 80 hours) will start w.e.f 23/09/2025

Theory/Practical Classes, w.e.f 13/10/2025, 39 weeks of teaching period [(Time distribution: 39 weeks x 39 hours = 1521 hours for Teaching- Learning.)

(Excluded-13 weeks: Preliminary/ University examinations and results: 9 weeks, Vacations & Public holidays: 4 weeks)]

(Tentative distribution of classes will be modified if required on GMER 2024 requirements)

[LGT: Large Group Teaching; SGT: Small Group Teaching; SDL: Self Directed Learning; DOAP: Demonstrate, Observe, Assist, Perform; ECE: Early Clinical Exposure; AETCOM: Attitude, Ethics, Communication; ECA: Extra-curricular Activities]

[LGT: Large Group Teaching, SGT: Small Group Teaching, SDL: Self Directed Learning, DGM: Demonstrate, C, O, A, S, S, I, S, T, P, E, R, F, O, R, M, L, E, A, R, Y Clinical Exposure, AETCOM: Attitude, Ethics, Communication, DCA: Extra-curricular Activities]					
Teaching-Learning Methods	Anatomy: ≥ 620 Hrs	Physiology: ≥ 445 Hrs	Biochemistry: ≥ 249 Hrs	Community Medicine: ≥ 40 Hrs	Sports/Extra-curricular Activities
LGT/Lectures	180 Hrs	130 Hrs	82 Hrs	20 Hrs	10 Hrs
SGT/Practical/Tutorial/Seminars	430 Hrs	305 Hrs	157 Hrs	20 Hrs	
SDL	10 Hrs	10 Hrs	10 Hrs	Family Adoption Program (FAP): 24 Hrs	
Early Clinical Exposure (27 Hrs)	9 Hrs Each				
AETCOM (26 Hrs)	Module 1.4 & 1.5: 10 Hrs	Module 1.2 & 1.3: 10 Hrs	Module 1.1: 6 Hrs		

HOD
Dept. of Anatomy

HOD
Dept. of Physiology

HOD
Dept. of Biochemistry

HOD
Dept. of Community Medicine

Principal